

# Fire Cider Recipe

## Ingredients:

½ cup or more of horseradish

½ cup or more of onion

½ cup or more of ginger

¼ cup or more of garlic

Peppers to taste (cayenne, habanero, jalapeno... whichever you prefer)

Unpasteurized apple cider vinegar (to cover the blend)

Herbs of choice (rosemary, turmeric, lemongrass...

Fruit optional (apples, oranges, lemons...)

Raw unpasteurized honey

## Processes:

Blend all the ingredients except honey together and let sit for about four weeks, you can blend the honey in the beginning if you choose (that's what I do.) But, most recipes will add it after the infusion process.