## Move It! Challenge

**ANMED HEALTH** 

Be active this Summer for a chance to win a bicycle! Children ages 6 to 18 who do 16 total hours of active play between June 14 and July 31 will be entered to win a bicycle. Use the tracking sheet below to record your activity. Turn in the completed log by Friday, August 6.

Don't miss the Move It! events happening with AnMed Health at the Anderson Main Library on June 17 at 5pm and July 6 at 3pm. Find more at calendar anderson library org.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 1							
June 14							
Week 2							
June 21							
Week 3							
June 28							
Week 4							
July 5							
Week 5							
July 12							
Week 6							
July 19							
Week 7							
July 26							
Name:				Age:			
Parent/Guardian Name:				_ Phone Number:			

